## **Programs & Services**

**Access and Advocacy** 

**Caregiver Support** 

**Community and Connection** 

Health and Education

In-Home Care and Support

Safety and Protection



#### BALTIMORE CITY HEALTH DEPARTMENT



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For Additional Information & Services Please Visit the Baltimore City Health Department Website

Health.Baltimorecity.Gov



# **Aging Services**

For the City of Baltimore

BALTIMORE CITY HEALTH DEPARTMENT



# Promoting healthy, independent living for Baltimore's older residents

The Baltimore City Health Department's Division of Aging is dedicated to improving the lives and well-being of Baltimore's older adults. We coordinate services for older adults, adults with disabilities, and their families to maximize safety, health, and independence. We're proud to advocate on their behalf when care providers fail to serve them, or when fraud is suspected. Through our volunteer programs and outreach initiatives, we approach aging with respectful, caring services that take into account each individual's specialized needs.

## Maryland Access Point is the "one-stop-shop" for information and assistance

With a single call, older adults, adults with disabilities and their caregivers can learn about and apply for resources available to them.

Individuals will receive information and assistance with a wide range of services that includes screening for federal and state benefits, assisted living support, legal aid, Medicare enrollment, caregiver support, meals, medication management, transportation, and dealing with issues like Alzheimer's, dementia and chronic diseases.

There are over 20 MAP sites across Maryland for individuals who prefer to get face-to-face counseling on their options.

Call **410-396-CARE (2273)** or visit **http://aging.maryland.gov/accesspoint/** Available 24 hours a day.



